



## Trauma-Informed Care (TIC) in Juvenile Justice Systems

**TRAINING TYPE:** RFC Annual

**COURSE HOURS:** 8

**DELIVERY METHOD:** ILT – Instructor-Led Training

**STC/BSCC CERTIFICATION #:** 00944849

### **DESCRIPTION:**

This course will familiarize attendees with types of trauma and toxic stress experienced by populations served, as well systemic trauma that can exacerbate trauma reactions. Additionally, the course will review how trauma and toxic stress affects normal development and manifests socially, physically, cognitively, behaviorally, sexually, and emotionally. The role trauma plays in developing survival coping behaviors and how such behavior becomes a response to ongoing trauma reminders will also be discussed. The course will also review how probation staff can minimize trauma reminders, and facilitate more adaptive coping responses and emotional awareness skills to minimize trauma impact and promote healing. Becoming a more trauma-informed organization involves a parallel process in which youth and staff alike feel safe, heard, and empowered. Attending to trauma exposure and stress experienced by staff, with ways to counter them, is an important part of the organization's ability to provide quality service to youth.

### **Instructor:**

**Lisa Maaca Bartlette,  
MSSA, DSW Candidate**

Lisa Bartlette is a social service entrepreneur who provides coaching, consultation, and curriculum development services to California's child welfare workforce academies. In 2021, she founded her company, Lisa Maaca, Inc., which provides evidence-based, dynamic trauma-informed care (TIC) trainings, workshops and keynote presentations throughout the United States in child welfare, juvenile justice, academic and other professional settings.

